

FROS - SPORCREA - F.T.F.N.

CHAMPIONNAT NATIONAL DE NATATION
NATIONAAL KAMPIOENSCHAP ZWEMMEN

LONGUES DISTANCES - LANGE AFSTAND
2009-01-25 PISCINE COMMUNALE DE KAIN
Piscine 25 m - 5 lignes

RÉSULTATS

CLUBS PARTICIPANTS - DEELNEMENDE CLUBS :

SPORCREA : CLARYSSE Lieve	
BREDENSE BRUINVISSER - BBV	DECOUTER K.
KUURNSE ZWEMVERENIGING - KZV	LAMBRECHT J.
WEVELGEMSE DOLFIJNEN KLUB - WDK	DE BREE B.
FROS : MATTENS Hubert	
BLANKENBERGSE ZWEMVERENIGING - BZV	GOEGBUER D.
ZWEMCLUB DELFINO HERSELT - DELF	LEYSER L.
VRIJE ZWEMMERS NIEUWPOORT - VZN	DE CLERCQ W.
VRIJE ZWEMMERS SINT-AMANDSBERG - VZSA	CAESTECKER W.
ZWEMCLUB INTERBAD BRUGGE - ZIB	DE BLIECK C.
ZWEMCLUB VRIJ MERKSEM - ZVM	DEPRINS P.
FTFN : VANBOSSELE Christophe	
CLUB OLYMPIA KAIN - COK	RECOQUILLION J-CL.
CLUB MARSOUINS ATH - CMA	DEGAVRE P.
DAUPHIN CLUB NIVELLOIS - DCN	HAZENDONCK E.
SWIMMING CLUB RENAIX - SCR	MICHAUX V.
F.T.F.N.	VANBOSSELE A.

JURY DES CONCOURS - WEDSTRIJDJURY :

Juge - Arbitre / Scheisrechter : Camille DEBBAUT F.T.F.N.
Starter : Hubert MATTENS

Chronométrateurs :

1.- HANSEN P	3.52.33
1.- LEMAHIEU ST	3.52.24
1.- LAMPE A.	3.52.30
2.- LAGAE G.	3.52.32
2.- DE BRUCKER CH.	3.52.26
2.- COPPENS L.	3.52.18
3.- BLOMME D.	3.52.30
3.- OSTACH	3.52.34
3.- TERRYN E.	3.52.30
4.- DE MEULENAERE	3.52.30
4.- PAUWELS R.	3.52.34
4.- VAN RIJCKEGHEM L.	3.52.30
5.- LYCKE D.	3.52.22
5.- DUBRUEL R.	3.52.34
5.- BOHY D.	3.52.41

Chronométrateurs en chef / Hoofdtijdopnemers : CLARYSSE Lieve 3.52.29 Camille GODMONT 3.52.30
Micro : Cécile BRAY Facteur / Bode : Diane COSSEY
Secrétariat - Résultats / Secretariaat - Uitslagen : Pieter VERREYDT

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PREMIERE JOURNEE LONGUES DISTANCES KAIN
 EERSTE DAG LANGE AFSTAND KAIN

RESULTATS
 UITSLAGEN

Course nx 1 : 1500m NAGE LIBRE MESSIEURS
 Koers nr 1 : 1500m VRIJE SLAG HEREN

1	PUP	65-0907	MARCHAND NICK	BZV	18.18.76	+02.47			
		100m	01.05.66	200m	02.15.53	300m	03.27.65	400m	04.40.23
		500m	05.52.89	600m	07.08.06	700m	08.23.89	800m	09.40.48
		900m	10.56.35	1000m	12.12.05	1100m	13.27.26	1200m	14.43.23
		1300m	15.59.77	1400m	17.15.48				
2	SEN	27-0003	VAN HOUTTE JEREMY	SCR	18.18.82	+21.82			
		100m	01.05.77	200m	02.16.36	300m	03.28.13	400m	04.40.53
		500m	05.53.84	600m	07.08.65	700m	08.24.29	800m	09.40.62
		900m	10.56.59	1000m	12.12.28	1100m	13.27.17	1200m	14.43.47
		1300m	15.59.95	1400m	17.15.63				
3	PUP	56-0046	VELGHE GILLES	VZN	18.53.45	-06.55			
		100m	01.06.03	200m	02.18.81	300m	03.34.15	400m	04.50.49
		500m	06.05.92	600m	07.23.32	700m	08.40.52	800m	09.58.41
		900m	11.16.55	1000m	12.33.64	1100m	13.51.19	1200m	15.07.11
		1300m	16.25.60	1400m	17.41.43				
4	SEN	64-0023	VETS PIETER	ZVM	19.32.36	+22.36			
		100m	01.07.11	200m	02.20.49	300m	03.35.52	400m	04.51.37
		500m	06.08.38	600m	07.26.78	700m	08.46.66	800m	10.07.02
		900m	11.27.76	1000m	12.48.99	1100m	14.11.17	1200m	15.34.53
		1300m	16.55.76	1400m	18.15.34				
5	SEN	82-0911	VANHAUWAERT NILS	WDK	19.32.75				
		100m	01.09.13	200m	02.24.98	300m	03.43.68	400m	05.01.90
		500m	06.22.00	600m	07.41.52	700m	09.02.05	800m	10.22.80
		900m	11.43.59	1000m	13.04.07	1100m	14.24.55	1200m	15.45.89
		1300m	17.05.96	1400m	18.24.65				
6	V40	5-7778	HERMAN HUGUES	CMA	19.35.09	+27.84			
		100m	01.10.07	200m	02.25.72	300m	03.43.10	400m	05.01.48
		500m	06.19.59	600m	07.38.84	700m	08.58.64	800m	10.19.48
		900m	11.40.55	1000m	13.00.49	1100m	14.20.33	1200m	15.40.59
		1300m	17.01.01	1400m	18.19.60				
7	CAD	27-0001	TERRYN JULIEN	SCR	19.40.33	-56.67			
		100m	01.09.74	200m	02.26.40	300m	03.45.68	400m	05.06.52
		500m	06.26.08	600m	07.46.18	700m	09.06.44	800m	10.27.40
		900m	11.48.62	1000m	13.09.12	1100m	14.29.10	1200m	15.48.68
		1300m	17.09.52	1400m	18.27.40				
8	SEN	64-0025	DE GROOF JEFF	ZVM	19.54.43	-24.37			
		100m	01.11.21	200m	02.31.28	300m	03.51.75	400m	05.15.40
		500m	06.38.73	600m	08.02.56	700m	09.24.68	800m	10.42.21
		900m	11.59.90	1000m	13.18.68	1100m	14.38.25	1200m	15.57.39
		1300m	17.17.15	1400m	18.36.93				
9	KAD	56-0902	DEMEULENAERE VICK	VZN	19.58.15	-01.01.85			
		100m	01.10.58	200m	02.27.86	300m	03.47.28	400m	05.07.20
		500m	06.27.44	600m	07.47.36	700m	09.07.91	800m	10.28.42
		900m	11.49.72	1000m	13.11.43	1100m	14.33.91	1200m	15.57.08
		1300m	17.20.62	1400m	18.41.61				
10	SEN	82-0912	HOLVOET RINUS	WDK	20.01.25				
		100m	01.09.47	200m	01.16.59	300m	01.18.47	400m	01.19.25
		500m	01.19.75	600m	01.20.13	700m	01.20.90	800m	01.20.22
		900m	01.20.81	1000m	01.22.03	1100m	01.21.91	1200m	01.23.79
		1300m	01.25.65	1400m	01.23.97				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

11	KAD	80-0909	VANWULPEN MAXIM	BBV	20.10.91	-01.14.09			
		100m	01.11.39	200m	02.31.91	300m	03.54.99	400m	05.18.11
		500m	06.41.66	600m	08.04.13	700m	09.23.63	800m	10.45.88
		900m	12.08.80	1000m	13.30.87	1100m	14.50.11	1200m	16.11.52
		1300m	17.34.04	1400m	18.54.76				
12	KAD	65-0905	MAES STEVE	BZV	20.53.42	+02.68			
		100m	01.10.86	200m	02.30.58	300m	03.52.77	400m	05.14.61
		500m	06.37.86	600m	08.01.39	700m	09.25.39	800m	10.49.58
		900m	12.16.33	1000m	13.43.45	1100m	15.10.14	1200m	16.37.23
		1300m	18.04.70	1400m	19.30.77				
13	PUP	82-0901	RYNGAERT MARTIJN	WDK	20.54.72				
		100m	01.15.63	200m	02.37.77	300m	04.02.37	400m	05.28.11
		500m	06.53.37	600m	08.18.60	700m	09.43.14	800m	11.07.46
		900m	12.33.09	1000m	13.58.49	1100m	15.24.48	1200m	16.50.28
		1300m	18.12.51	1400m	19.35.89				
14	KAD	80-0910	LAGAE WESLEY	BBV	21.22.93	-02.07			
		100m	01.14.68	200m	02.37.21	300m	04.01:45	400m	05.26.98
		500m	06.53.85	600m	08.21.13	700m	09.47.73	800m	11.14.05
		900m	12.40.46	1000m	14.01.68	1100m	15.34.27	1200m	17.01.26
		1300m	18.29.17	1400m	19.57.73				
15	MIN	64-0905	DUBRUEL SASHA	ZVM	21.41.24	-09.31			
		100m	01.20.15	200m	02.45.93	300m	04.13.75	400m	05.41.52
		500m	07.08.21	600m	08.37.16	700m	10.05.71	800m	11.34.70
		900m	13.02.78	1000m	14.31.09	1100m	16.00.21	1200m	17.28.30
		1300m	18.56.90	1400m	20.24.85				
16	PUP	51-0901	GOETHALS LAURENS	VZSA	21.42.02				
		100m	01.16.65	200m	02.33.65	300m	04.07.04	400m	05.34.48
		500m	07.03.45	600m	08.33.00	700m	10.02.34	800m	11.31.87
		900m	13.01.41	1000m	14.30.48	1100m	15.59.38	1200m	17.28.77
		1300m	18.57.66	1400m	20.20.58				
17	KAD	56-0903	DECLERCK TOM	VZN	21.53.07	-01.36.93			
		100m	01.16.86	200m	02.42.23	300m	04.10.35	400m	05.38.93
		500m	07.09.34	600m	08.41.53	700m	10.09.59	800m	11.40.34
		900m	13.09.59	1000m	14.36.84	1100m	16.03.62	1200m	17.31.78
		1300m	19.00.84	1400m	20.30.57				
18	SEN	27-0221	MEURISSE ANTOINE	SCR	21.57.30	-01.00.70			
		100m	01.16.65	200m	02.42.38	300m	04.09.10	400m	05.37.08
		500m	07.05.43	600m	08.34.08	700m	10.02.10	800m	11.30.55
		900m	12.58.93	1000m	14.28.00	1100m	15.57:66	1200m	17.27.84
		1300m	18.58.21	1400m	20.28.88				
19	KAD	81-0901	LAMBRECHT ARNO	KZV	21.59.12	-02.00.88			
		100m	01.15.27	200m	02.37.09	300m	04.03.70	400m	05.34.09
		500m	07.05.63	600m	08.37.32	700m	10.06.95	800m	11.37.58
		900m	13.09.98	1000m	14.38.72	1100m	16.08.48	1200m	17.37.84
		1300m	19.09.48	1400m	20.40.49				
20	MIN	62-0036	DABAUT JERSE	ZIB	22.23.22				
		100m	01.19.46	200m	01.26.51	300m	01.29.06	400m	01.28.60
		500m	01.29.80	600m	01.30.62	700m	01.30.24	800m	01.30.49
		900m	01.30.16	1000m	01.31.48	1100m	01.31.36	1200m	01.32.69
		1300m	01.32.10	1400m	01.31.14				
21	CAD	5-0106	COESSENS LIONEL	CMA	22.24.78	+25.30			
		100m	01.14.82	200m	02.37.49	300m	04.02.84	400m	05.28.51
		500m	06.58.11	600m	08.28.01	700m	09.57.51	800m	11.28.95
		900m	13.02.69	1000m	14.38.07	1100m	16.12.30	1200m	17.50.12
		1300m	19.25.78	1400m	20.55.34				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

22	V45	56-0904	VERHAEGHE FRANK	VZN	22.37.05	+37.05			
		100m	01.20.31	200m	02.48.31	300m	04.17.59	400m	05.47.06
		500m	07.17.20	600m	08.47.62	700m	10.17.48	800m	11.49.52
		900m	13.21.47	1000m	14.53.86	1100m	16.25.99	1200m	17.59.68
		1300m	19.31.35	1400m	21.06.50				
23	MIN	5-0115	BELSACK THOMAS	CMA	22.40.40	+10.41			
		100m	01.21.38	200m	02.52.54	300m	04.22.48	400m	05.54.12
		500m	07.26.56	600m	08.58.69	700m	10.32.41	800m	12.02.84
		900m	13.33.98	1000m	15.06.19	1100m	16.37.84	1200m	18.10.05
		1300m	19.39.15	1400m	21.10.13				
24	KAD	65-0903	DERAEVE CYRANO	BZV	22.48.01				
		100m	01.16.10	200m	01.26.03	300m	01.29.94	400m	01.29.46
		500m	01.32.07	600m	01.33.76	700m	01.33.97	800m	01.35.45
		900m	01.35.50	1000m	01.35.41	1100m	01.36.74	1200m	01.36.14
		1300m	01.34.41	1400m	01.32.55				
25	MIN	19-0647	COPPENS MATTHIEU	DCN	22.49.16	-02.10.44			
		100m	01.25.97	200m	02.57.08	300m	04.29.82	400m	06.02.46
		500m	07.34.55	600m	09.07.29	700m	10.38.77	800m	12.11.69
		900m	13.44.05	1000m	15.16.50	1100m	16.50.52	1200m	18.23.59
		1300m	19.56.92	1400m	21.30.08				
26	CAD	27-0023	BLIN ANTONIN	SCR	23.17.13	-28.87			
		100m	01.19.51	200m	02.48.95	300m	04.20.89	400m	05.54.16
		500m	07.26.45	600m	09.00.77	700m	10.35.20	800m	12.10.90
		900m	13.45.90	1000m	15.20.61	1100m	16.55.50	1200m	12.32.69
		1300m	20.10.20	1400m	21.46.22				
27	V25	19-0026	DUMONT DAVID	DCN	23.20.45	+09.83			
		100m	01.17.66	200m	02.44.85	300m	04.15.68	400m	05.50.65
		500m	07.26.25	600m	09.03.41	700m	10.38.80	800m	12.15.77
		900m	13.51.19	1000m	15.26.77	1100m	17.03.50	1200m	18.38.71
		1300m	20.14.27	1400m	21.00.97				
28	V25	82-0903	CARTON DRIES	WDK	23.23.39				
		100m	01.16.76	200m	02.47.02	300m	04.19.76	400m	05.53.36
		500m	07.28.51	600m	09.04.45	700m	10.40.45	800m	12.15.51
		900m	13.52.70	1000m	15.27.04	1100m	17.01.02	1200m	18.35.02
		1300m	20.12.82	1400m	21.51.29				
29	PUP	51-0902	VANDEDRIJNCK ARNE	VZSA	23.28.03				
		100m	01.21.25	200m	02.51.13	300m	04.24.33	400m	06.00.33
		500m	07.34.02	600m	09.08.46	700m	10.43.56	800m	12.17.93
		900m	13.52.55	1000m	15.28.92	1100m	17.05.64	1200m	18.43.36
		1300m	20.20.21	1400m	21.54.96				
30	V35	2-0702	LECRY FRANS	COK	23.30.74				
		100m	01.25.20	200m	01.33.16	300m	01.35.44	400m	01.35.75
		500m	01.35.52	600m	01.34.03	700m	01.34.53	800m	01.35.42
		900m	01.35.11	1000m	01.34.11	1100m	01.34.68	1200m	01.35.35
		1300m	01.35.30	1400m	01.34.38				
31	KAD	65-0904	DE VUYST DIETER	BZV	23.57.36	-01.58			
		100m	01.21.92	200m	02.55.80	300m	04.30.04	400m	06.07.60
		500m	07.45.16	600m	09.23.67	700m	11.00.39	800m	12.37.73
		900m	14.15.86	1000m	15.54.51	1100m	17.32.64	1200m	19.10.23
		1300m	20.49.10	1400m	22.27.86				
32	MIN	64-0910	MERTENS WESLEY	ZVM	24.13.25	-01.19.02			
		100m	01.22.56	200m	02.58.06	300m	04.35.68	400m	06.14.71
		500m	07.57.57	600m	10.26.01	700m	12.04.75	800m	13.44.15
		900m	15.18.96	1000m	17.49.40	1100m	19.27.54	1200m	21.07.92
		1300m	22.00.00	1400m	23.01.00				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

33	MIN	27-0033	VANDENBULCKE CHRISTOPHER	SCR	24.16.77	-39.23			
		100m	01.27.20	200m	03.03.18	300m	04.41.54	400m	06.19.52
		500m	08.00.06	600m	09.38.37	700m	11.16.06	800m	12.55.70
		900m	14.34.19	1000m	16.13.95	1100m	17.52.13	1200m	19.29.51
		1300m	21.08.23	1400m	22.45.95				
34	PUP	80-0908	REYBROUCK KRISTOF	BBV	24.23.38	+01.23.38			
		100m	01.22.73	200m	02.55.55	300m	04.31.19	400m	06.10.13
		500m	07.48.43	600m	09.27.62	700m	11.06.20	800m	12.45.27
		900m	14.24.52	1000m	16.03.88	1100m	17.43.74	1200m	19.24.27
		1300m	21.07.02	1400m	22.48.28				
35	V40	82-0902	VAN RAFELGHEM WOLF	WDK	24.48.00				
		100m	01.26.77	200m	03.02.56	300m	04.42.70	400m	06.23.89
		500m	08.05.61	600m	09.47.11	700m	11.28.71	800m	13.10.48
		900m	14.51.43	1000m	16.32.85	1100m	18.13.00	1200m	19.55.00
		1300m	21.34.00	1400m	23.14.00				
36	SEN	80-0907	REYBROUCK BJORN	BBV	24.57.17	+03.32.17			
		100m	01.21.72	200m	02.49.20	300m	04.21.52	400m	05.55.50
		500m	07.33.52	600m	09.12.01	700m	10.55.76	800m	12.40.10
		900m	14.25.50	1000m	16.11.62	1100m	17.59.07	1200m	19.44.17
		1300m	21.28.69	1400m	23.11.54				
37	KAD	64-0907	HUTSEBAUT YVES	ZVM	25.00.63	-03.52			
		100m	01.24.46	200m	02.56.62	300m	04.32.64	400m	06.10.41
		500m	07.50.60	600m	09.30.82	700m	11.12.07	800m	12.54.35
		900m	14.38.31	1000m	16.23.09	1100m	18.06.90	1200m	19.52.69
		1300m	21.36.12	1400m	23.18.31				
38	MIN	5-0489	DEJONCHE CLEMENT	CMA	25.24.04	-05.95			
		100m	01.25.84	200m	03.07.72	300m	04.48.05	400m	06.27.52
		500m	08.09.17	600m	09.52.44	700m	11.35.61	800m	13.19.54
		900m	15.03.47	1000m	16.46.92	1100m	18.31.20	1200m	20.17.48
		1300m	22.03.61	1400m	23.47.94				
39	V40	80-0906	DECKMYN JEAN-PIERRE	BBV	25.40.95	+02.40.95			
		100m	01.20.83	200m	01.42.00	300m	01.43.63	400m	01.14.19
		500m	01.44.39	600m	01.44.88	700m	01.45.59	800m	13.39.00
		900m	01.36.64	1000m	01.46.64	1100m	01.46.91	1200m	01.45.97
		1300m	01.45.82	1400m	01.43.29				
40	MIN	82-0907	HERMAN RIEN	WDK	25.42.93				
		100m	01.31.62	200m	03.11.70	300m	04.55.40	400m	06.38.67
		500m	08.19.81	600m	10.05.10	700m	11.50.43	800m	13.34.39
		900m	15.20.84	1000m	17.05.26	1100m	18.51.03	1200m	20.36.98
		1300m	22.22.18	1400m	24.07.06				
41	V40	82-0905	DE KEYZER BART	WDK	25.46.72				
		100m	01.30.09	200m	02.21.18	300m	04.05.96	400m	05.52.07
		500m	07.39.00	600m	09.27.79	700m	11.14.57	800m	13.03.18
		900m	14.52.54	1000m	16.40.79	1100m	18.29.10	1200m	20.19.42
		1300m	22.10.21	1400m	24.00.32				
42	V45	51-0903	CAESTECKER WILFRIED	VZSA	25.54.01				
		100m	01.25.36	200m	03.05.25	300m	04.47.26	400m	06.30.94
		500m	08.16.57	600m	10.01.73	700m	11.47.68	800m	13.35.13
		900m	15.22.23	1000m	17.08.41	1100m	18.54.91	1200m	20.42.07
		1300m	22.27.45	1400m	24.13.24				
43	KAD	81-0902	DELAERE DIEGO	KZV	26.04.27	-24.73			
		100m	01.23.58	200m	01.36.71	300m	01.42.05	400m	01.45.21
		500m	01.47.49	600m	01.48.98	700m	01.48.34	800m	01.49.08
		900m	01.49.53	1000m	01.47.23	1100m	01.47.00	1200m	01.47.15
		1300m	01.45.38	1400m	01.45.37				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

44	V40	2-0606	JURION PASCAL		COK	26.45.60			
		100m	01.39.54	200m	03.26.41	300m	05.15.95	400m	07.06.75
		500m	08.58.16	600m	10.46.26	700m	12.35.31	800m	14.25.46
		900m	16.11.26	1000m	17.59.03	1100m	19.45.17	1200m	21.30.17
		1300m	23.18.20	1400m	25.04.94				
45	MIN	56-0901	D'HULSTER WARD		VZN	27.02.84	+01.02.84		
		100m	01.36.06	200m	03.23.79	300m	05.13.73	400m	07.02.08
		500m	08.54.13	600m	10.43.51	700m	12.32.91	800m	14.22.73
		900m	16.14.44	1000m	18.06.14	1100m	19.53.56	1200m	21.44.76
		1300m	23.34.91	1400m	25.23.38				
		PUP	65-0906	DE ROUS ROBIN		BZV	Abandon		

Course nx 3 : 800m NAGE LIBRE DAMES
 Koers nr 3 : 800m VRIJE SLAG DAMES

1	CAD	5-0585	VANDERELST EDWIGE	CMA	10.13.02	-15.28			
		100m	01.12.06	200m	02.28.41	300m	03.46.71	400m	05.04.11
		500m	06.22.15	600m	07.40.67	700m	08.57.77	800m	10.13.02
2	MIN	62-0005	KEYSABYL PAULIEN	ZIB	10.40.44	-23.14			
		100m	01.14.93	200m	02.34.91	300m	03.56.61	400m	05.18.38
		500m	06.39.74	600m	08.02.22	700m	09.23.77	800m	10.40.44
3	KAD	62-0004	VAN PARIJS FIEN	ZIB	10.57.32	-06.68			
		100m	01.14.02	200m	02.35.20	300m	03.57.86	400m	05.21.57
		500m	06.33.26	600m	01.24.83	700m	01.24.65	800m	10.57.32
4	PUP	62-0009	STEELELANDT ELLEN	ZIB	11.11.11	-10.23			
		100m	01.14.48	200m	02.37.71	300m	04.02.17	400m	05.28.47
		500m	06.55.65	600m	08.22.97	700m	09.50.00	800m	11.11.11
5	PUP	82-0913	VANHAUWAERT JASMIEN	WDK	11.16.68				
		100m	01.15.03	200m	02.39.04	300m	04.06.04	400m	05.32.89
		500m	07.00.88	600m	08.27.54	700m	09.54.66	800m	11.16.68
6	PUP	64-0021	DEREERE ELIEN	ZVM	11.19.83	-40.17			
		100m	01.18.05	200m	02.43.27	300m	04.09.63	400m	05.36.29
		500m	07.02.96	600m	08.30.80	700m	09.56.58	800m	11.19.83
7	MIN	5-0365	MELICE ELOISE	CMA	11.20.20	-14.71			
		100m	01.18.16	200m	02.42.64	300m	04.09.90	400m	05.36.89
		500m	07.04.02	600m	08.31.55	700m	09.58.08	800m	11.20.20
8	PUP	27-0039	BUSE JENNIFER	SCR	11.21.36	-42.64			
		100m	01.20.89	200m	02.47.48	300m	04.14.20	400m	05.41.49
		500m	07.05.77	600m	08.33.13	700m	09.58.98	800m	11.21.36
9	MIN	19-0133	HAZENDONCK WEVERLY	DCN	11.25.15	-01.03.50			
		100m	01.17.74	200m	02.43.41	300m	04.09.73	400m	05.37.83
		500m	07.06.63	600m	08.35.66	700m	10.04.84	800m	11.25.15
10	SEN	52-0002	LEYSEN DEBBY	DELF	11.27.10	-03.89			
		100m	01.17.75	200m	02.42.95	300m	04.09.90	400m	05.37.66
		500m	07.05.69	600m	08.35.02	700m	10.03.78	800m	11.27.10
11	MIN	5-0102	COESSENS NORA	CMA	11.30.10	-01.08.15			
		100m	01.17.28	200m	02.42.31	300m	04.10.60	400m	05.38.53
		500m	07.07.76	600m	08.36.85	700m	10.05.22	800m	11.30.10
12	KAD	64-0911	VAN DEN BERGH QUITTRY	ZVM	11.31.38	-31.69			
		100m	01.17.76	200m	02.42.71	300m	04.09.51	400m	05.37.51
		500m	07.06.41	600m	08.35.06	700m	10.04.29	800m	11.31.38
13	PUP	62-0028	VAN LANDSCHOOT JITSKE	ZIB	11.47.73				
		100m	01.17.13	200m	02.43.57	300m	04.13.02	400m	05.43.39
		500m	07.14.76	600m	08.46.10	700m	10.17.70	800m	11.47.73
14	CAD	27-0034	VANDENBULCKE JENNIFER	SCR	11.51.75	-25.25			
		100m	01.18.43	200m	02.47.21	300m	04.18.01	400m	05.50.24
		500m	07.23.32	600m	08.55.98	700m	10.26.68	800m	11.51.75
15	SEN	19-0027	DUMONT AMELIE	DCN	11.59.36	-19.61			
		100m	01.20.58	200m	02.48.63	300m	04.18.19	400m	05.49.81
		500m	07.22.45	600m	08.56.24	700m	10.29.86	800m	11.59.36
16	CAD	50-0174	VANBOSSELE ROXANE	FTFN	12.00.16	-27.78			
		100m	01.19.57	200m	02.48.13	300m	04.19.20	400m	05.51.80
		500m	07.24.26	600m	08.57.60	700m	10.30.70	800m	12.00.16
17	MIN	62-0902	VAN LANDSCHOOT LUTSKE	ZIB	12.01.32				
		100m	01.23.96	200m	02.54.79	300m	04.25.46	400m	05.57.37
		500m	07.29.50	600m	08.59.00	700m	10.30.52	800m	12.01.32
18	PUP	65-0902	HAESEBROECK JOELLE	BZV	12.02.21	+15.05			
		100m	01.19.21	200m	01.29.00	300m	01.30.44	400m	01.32.83
		500m	01.33.65	600m	01.33.65	700m	01.40.00	800m	12.02.21

Course nx 3 : 800m NAGE LIBRE DAMES (suite)
 Koers nr 3 : 800m VRIJE SLAG DAMES (vervolg)

19	MIN	56-0909	HELLYN JADE	VZN	12.21.98	-01.08.02			
		100m	01.25.05	200m	02.58.68	300m	04.32.07	400m	06.08.11
		500m	07.43.63	600m	09.18.10	700m	10.52.62	800m	12.21.98
20	KAD	62-0026	VAN LANDSCHOOT NIENKE	ZIB	12.22.86	+31.97			
		100m	01.18.81	200m	02.48.44	300m	04.22.91	400m	05.59.25
		500m	07.35.96	600m	09.12.94	700m	10.50.59	800m	12.22.86
21	BEN	62-7133	STROOM ANNE	ZIB	12.37.10	-01.12.90			
		100m	01.24.01	200m	02.58.13	300m	04.35.09	400m	06.12.59
		500m	07.51.10	600m	09.29.08	700m	11.06.95	800m	12.37.10
22	PUP	19-0297	BREDA JUSTINE	DCN	12.38.65	+34.75			
		100m	01.26.40	200m	03.01.90	300m	04.39.20	400m	06.15.52
		500m	07.52.11	600m	09.29.05	700m	11.05.46	800m	12.38.65
23	MIN	19-0132	HAZENDONCK WANAELE	DCN	12.43.81	-23.79			
		100m	01.27.22	200m	03.01.59	300m	04.39.82	400m	06.18.57
		500m	07.59.07	600m	09.37.84	700m	11.12:25	800m	12.43.81
24	MIN	5-0439	MEULENYSER FLORINE	CMA	12.55.52	+12.90			
		100m	01.28.09	200m	03.03.23	300m	04.40.37	400m	06.18.60
		500m	07.57.48	600m	09.37.85	700m	11.18.43	800m	12.55.52
25	SEN	82-0904	VERBRUGGHE EVELIEN	WDK	12.55.61				
		100m	01.25.66	200m	03.02.29	300m	04.39.79	400m	06.19.01
		500m	07.58.18	600m	09.39.25	700m	11.20.79	800m	12.55.61
26	KAD	65-0901	JANSSENS ANKE	BZV	12.55.87	+10.67			
		100m	01.25.75	200m	03.02.82	300m	04.44.15	400m	06.25.30
		500m	08.04.64	600m	09.44.01	700m	11.25.91	800m	12.55.87
27	V25	80-0902	DEVRIENDT MAYA	BBV	12.59.03	+01.53.03			
		100m	01.12.53	200m	02.40.56	300m	04.20.51	400m	06.03.58
		500m	07.48.37	600m	09.32.76	700m	11.17.17	800m	12.59.03
28	MIN	56-0908	T'JAECKX JOANNA	VZN	13.15.74	-44.26			
		100m	01.25.42	200m	03.02.57	300m	04.43.62	400m	06.27.40
		500m	08.10.74	600m	09.55.83	700m	11.36.75	800m	13.15.74
29	BEN	19-0134	HAZENDONCK WYNONA	DCN	13.17.43	-42.57			
		100m	01.29.28	200m	03.09.56	300m	04.51.87	400m	06.34.12
		500m	08.16.85	600m	09.59.64	700m	11.41.82	800m	13.17.43
30	BEN	5-0591	DEJONGHE CONSTANCE	CMA	13.24.00	+24.01			
		100m	01.29.15	200m	03.11.24	300m	04.56.44	400m	06.42.52
		500m	08.26.89	600m	10.09.84	700m	11.50.72	800m	13.24.00
31	BEN	5-0967	MELICE OCEANE	CMA	13.24.48	-05.51			
		100m	01.33.89	200m	01.43.17	300m	01.44.71	400m	01.44.37
		500m	01.43.89	600m	01.43.60	700m	01.39.56	800m	13.24.48
32	KAD	80-0903	HANSSSEN DAISY	BBV	13.42.32				
		100m	01.35.82	200m	03.21.70	300m	05.07.62	400m	06.53.50
		500m	08.41.62	600m	10.28.28	700m	12.11.38	800m	13.42.32
33	BEN	62-0030	LEMAHIEU ILSE	ZIB	13.45.61	-01.14.39			
		100m	01.33.76	200m	03.15.81	300m	04.58.34	400m	06.43.49
		500m	08.28.29	600m	10.15.22	700m	12.02.08	800m	13.45.61
34	BEN	82-0908	CLAERHOUT THALITIA	WDK	13.48.25				
		100m	01.29.96	200m	03.14.25	300m	04.58.00	400m	06.44.77
		500m	08.34.68	600m	10.22.77	700m	12.09.62	800m	13.48.25
35	MIN	27-0037	MATHIJS JULIE	SCR	13.51.63	-01.18.39			
		100m	01.35.91	200m	03.21.17	300m	05.04.69	400m	06.53.61
		500m	08.40.38	600m	10.25.73	700m	12.11.50	800m	13.51.63
36	MIN	19-0636	LECLERCQ EMILIE	DCN	13.52.07	-03.49			
		100m	01.30.94	200m	03.16.79	300m	05.04.17	400m	06.53.09
		500m	08.39.77	600m	10.28.59	700m	12.14.92	800m	13.52.07

Course nx 3 : 800m NAGE LIBRE DAMES (suite)
 Koers nr 3 : 800m VRIJE SLAG DAMES (vervolg)

37	MIN	27-0036	MATHIJS LISSA	SCR	13.54.42	-01.32.58
		100m	01.33.84	200m	03.18.41	300m 05.05.24
		400m	06.53.92	500m	08.43.76	600m 10.29.74
		700m	12.13.93	800m	13.54.42	
38	MIN	56-0907	STURTEWAGEN YENTE	VZN	14.05.06	-24.94
		100m	01.34.92	200m	01.46.21	300m 01.47.17
		400m	01.50.65	500m	01.47.58	600m 01.49.60
		700m	01.47.29	800m	14.05.06	
39	CAD	19-0298	BREDA CLEMENTINE	DCN	14.14.06	+31.15
		100m	01.34.16	200m	03.20.16	300m 05.10.93
		400m	06.57.17	500m	08.49.49	600m 10.43.09
		700m	12.33.70	800m	14.14.06	
40	BEN	19-0703	LAMPE ALICE	DCN	14.21.01	-02.14
		100m	01.37.85	200m	03.24.60	300m 05.07.32
		400m	06.57.83	500m	08.51.32	600m 10.47.27
		700m	12.37.07	800m	14.21.01	
41	MIN	64-0903	DE MEULDER JITTE	ZVM	14.47.59	+57.54
		100m	01.37.38	200m	03.31.20	300m 05.25.23
		400m	07.19.42	500m	09.15.39	600m 11.09.50
		700m	13.01.84	800m	14.47.59	
42	BEN	27-0045	POLLEZ CAITLIN	SCR	15.40.62	+02.05.62
		100m	01.47.06	200m	03.48.87	300m 05.49.05
		400m	07.50.08	500m	09.48.50	600m 11.47.43
		700m	13.49.21	800m	15.40.62	
43	BEN	80-0904	HANSSEN PHAEDRA	BBV	15.55.63	
		100m	01.46.49	200m	02.48.00	300m 02.06.00
		400m	02.01.69	500m	02.02.91	600m 02.00.69
		700m	02.00.57	800m	15.55.63	
	MIN	5-0101	COESSENS AUDREY	CMA	Abandon	
	KAD	56-0910	RUBBRECHT NELE	VZN	Forfait	
	KAD	64-0909	MERTENS JOLANDA	ZVM	Disq. ST3	

PREMIERE JOURNEE LONGUES DISTANCES KAIN
 EERSTE DAG LANGE AFSTAND KAIN

RESULTATS
 UITSLAGEN

Course nx 1 : 1500m NAGE LIBRE MESSIEURS
 Koers nr 1 : 1500m VRIJE SLAG HEREN

1	MIN	64-0905	DUBRUEL SASHA	ZVM	21.41.24	-09.31			
		100m	01.20.15	200m	02.45.93	300m	04.13.75	400m	05.41.52
		500m	07.08.21	600m	08.37.16	700m	10.05.71	800m	11.34.70
		900m	13.02.78	1000m	14.31.09	1100m	16.00.21	1200m	17.28.30
		1300m	18.56.90	1400m	20.24.85				
2	MIN	62-0036	DABAUT JERSE	ZIB	22.23.22				
		100m	01.19.46	200m	01.26.51	300m	01.29.06	400m	01.28.60
		500m	01.29.80	600m	01.30.62	700m	01.30.24	800m	01.30.49
		900m	01.30.16	1000m	01.31.48	1100m	01.31.36	1200m	01.32.69
		1300m	01.32.10	1400m	01.31.14				
3	MIN	5-0115	BELSACK THOMAS	CMA	22.40.40	+10.41			
		100m	01.21.38	200m	02.52.54	300m	04.22.48	400m	05.54.12
		500m	07.26.56	600m	08.58.69	700m	10.32.41	800m	12.02.84
		900m	13.33.98	1000m	15.06.19	1100m	16.37.84	1200m	18.10.05
		1300m	19.39.15	1400m	21.10.13				
4	MIN	19-0647	COPPENS MATTHIEU	DCN	22.49.16	-02.10.44			
		100m	01.25.97	200m	02.57.08	300m	04.29.82	400m	06.02.46
		500m	07.34.55	600m	09.07.29	700m	10.38.77	800m	12.11.69
		900m	13.44.05	1000m	15.16.50	1100m	16.50.52	1200m	18.23.59
		1300m	19.56.92	1400m	21.30.08				
5	MIN	64-0910	MERTENS WESLEY	ZVM	24.13.25	-01.19.02			
		100m	01.22.56	200m	02.58.06	300m	04.35.68	400m	06.14.71
		500m	07.57.57	600m	10.26.01	700m	12.04.75	800m	13.44.15
		900m	15.18.96	1000m	17.49.40	1100m	19.27.54	1200m	21.07.92
		1300m	22.00.00	1400m	23.01.00				
6	MIN	27-0033	VANDENBULCKE CHRISTOPHER	SCR	24.16.77	-39.23			
		100m	01.27.20	200m	03.03.18	300m	04.41.54	400m	06.19.52
		500m	08.00.06	600m	09.38.37	700m	11.16.06	800m	12.55.70
		900m	14.34.19	1000m	16.13.95	1100m	17.52.13	1200m	19.29.51
		1300m	21.08.23	1400m	22.45.95				
7	MIN	5-0489	DEJONGHE CLEMENT	CMA	25.24.04	-05.95			
		100m	01.25.84	200m	03.07.72	300m	04.48.05	400m	06.27.52
		500m	08.09.17	600m	09.52.44	700m	11.35.61	800m	13.19.54
		900m	15.03.47	1000m	16.46.92	1100m	18.31.20	1200m	20.17.48
		1300m	22.03.61	1400m	23.47.94				
8	MIN	82-0907	HERMAN RIEN	WDK	25.42.93				
		100m	01.31.62	200m	03.11.70	300m	04.55.40	400m	06.38.67
		500m	08.19.81	600m	10.05.10	700m	11.50.43	800m	13.34.39
		900m	15.20.84	1000m	17.05.26	1100m	18.51.03	1200m	20.36.98
		1300m	22.22.18	1400m	24.07.06				
9	MIN	56-0901	D'HULSTER WARD	VZN	27.02.84	+01.02.84			
		100m	01.36.06	200m	03.23.79	300m	05.13.73	400m	07.02.08
		500m	08.54.13	600m	10.43.51	700m	12.32.91	800m	14.22.73
		900m	16.14.44	1000m	18.06.14	1100m	19.53.56	1200m	21.44.76
		1300m	23.34.91	1400m	25.23.38				
1	CAD	27-0001	TERRYN JULIEN	SCR	19.40.33	-56.67			
		100m	01.09.74	200m	02.26.40	300m	03.45.68	400m	05.06.52
		500m	06.26.08	600m	07.46.18	700m	09.06.44	800m	10.27.40
		900m	11.48.62	1000m	13.09.12	1100m	14.29.10	1200m	15.48.68
		1300m	17.09.52	1400m	18.27.40				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

2	KAD	56-0902	DEMEULENAERE VICK	VZN	19.58.15	-01.01.85
		100m	01.10.58	200m	02.27.86	300m 03.47.28
		400m	05.07.20	500m	06.27.44	600m 07.47.36
		700m	09.07.91	800m	10.28.42	900m 11.49.72
		1000m	13.11.43	1100m	14.33.91	1200m 15.57.08
		1300m	17.20.62	1400m	18.41.61	
3	KAD	80-0909	VANWULPEN MAXIM	BBV	20.10.91	-01.14.09
		100m	01.11.39	200m	02.31.91	300m 03.54.99
		400m	05.18.11	500m	06.41.66	600m 08.04.13
		700m	09.23.63	800m	10.45.88	900m 12.08.80
		1000m	13.30.87	1100m	14.50.11	1200m 16.11.52
		1300m	17.34.04	1400m	18.54.76	
4	KAD	65-0905	MAES STEVE	BZV	20.53.42	+02.68
		100m	01.10.86	200m	02.30.58	300m 03.52.77
		400m	05.14.61	500m	06.37.86	600m 08.01.39
		700m	09.25.39	800m	10.49.58	900m 12.16.33
		1000m	13.43.45	1100m	15.10.14	1200m 16.37.23
		1300m	18.04.70	1400m	19.30.77	
5	KAD	80-0910	LAGAE WESLEY	BBV	21.22.93	-02.07
		100m	01.14.68	200m	02.37.21	300m 04.01.45
		400m	05.26.98	500m	06.53.85	600m 08.21.13
		700m	09.47.73	800m	11.14.05	900m 12.40.46
		1000m	14.01.68	1100m	15.34.27	1200m 17.01.26
		1300m	18.29.17	1400m	19.57.73	
6	KAD	56-0903	DECLERCK TOM	VZN	21.53.07	-01.36.93
		100m	01.16.86	200m	02.42.23	300m 04.10.35
		400m	05.38.93	500m	07.09.34	600m 08.41.53
		700m	10.09.59	800m	11.40.34	900m 13.09.59
		1000m	14.36.84	1100m	16.03.62	1200m 17.31.78
		1300m	19.00.84	1400m	20.30.57	
7	KAD	81-0901	LAMBRECHT ARNO	KZV	21.59.12	-02.00.88
		100m	01.15.27	200m	02.37.09	300m 04.03.70
		400m	05.34.09	500m	07.05.63	600m 08.37.32
		700m	10.06.95	800m	11.37.58	900m 13.09.98
		1000m	14.38.72	1100m	16.08.48	1200m 17.37.84
		1300m	19.09.48	1400m	20.40.49	
8	CAD	5-0106	COESSENS LIONEL	CMA	22.24.78	+25.30
		100m	01.14.82	200m	02.37.49	300m 04.02.84
		400m	05.28.51	500m	06.58.11	600m 08.28.01
		700m	09.57.51	800m	11.28.95	900m 13.02.69
		1000m	14.38.07	1100m	16.12.30	1200m 17.50.12
		1300m	19.25.78	1400m	20.55.34	
9	KAD	65-0903	DERAEVE CYRANO	BZV	22.48.01	
		100m	01.16.10	200m	01.26.03	300m 01.29.94
		400m	01.29.46	500m	01.32.07	600m 01.33.76
		700m	01.33.97	800m	01.35.45	900m 01.35.50
		1000m	01.35.41	1100m	01.36.74	1200m 01.36.14
		1300m	01.34.41	1400m	01.32.55	
10	CAD	27-0023	BLIN ANTONIN	SCR	23.17.13	-28.87
		100m	01.19.51	200m	02.48.95	300m 04.20.89
		400m	05.54.16	500m	07.26.45	600m 09.00.77
		700m	10.35.20	800m	12.10.90	900m 13.45.90
		1000m	15.20.61	1100m	16.55.50	1200m 12.32.69
		1300m	20.10.20	1400m	21.46.22	
11	KAD	65-0904	DE VUYST DIETER	BZV	23.57.36	-01.58
		100m	01.21.92	200m	02.55.80	300m 04.30.04
		400m	06.07.60	500m	07.45.16	600m 09.23.67
		700m	11.00.39	800m	12.37.73	900m 14.15.86
		1000m	15.54.51	1100m	17.32.64	1200m 19.10.23
		1300m	20.49.10	1400m	22.27.86	
12	KAD	64-0907	HUTSEBAUT YVES	ZVM	25.00.63	-03.52
		100m	01.24.46	200m	02.56.62	300m 04.32.64
		400m	06.10.41	500m	07.50.60	600m 09.30.82
		700m	11.12.07	800m	12.54.35	900m 14.38.31
		1000m	16.23.09	1100m	18.06.90	1200m 19.52.69
		1300m	21.36.12	1400m	23.18.31	

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)

Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

13	KAD	81-0902	DELAERE DIEGO	KZV	26.04.27	-24.73			
		100m	01.23.58	200m	01.36.71	300m	01.42.05	400m	01.45.21
		500m	01.47.49	600m	01.48.98	700m	01.48.34	800m	01.49.08
		900m	01.49.53	1000m	01.47.23	1100m	01.47.00	1200m	01.47.15
		1300m	01.45.38	1400m	01.45.37				
1	PUP	65-0907	MARCHAND NICK	BZV	18.18.76	+02.47			
		100m	01.05.66	200m	02.15.53	300m	03.27.65	400m	04.40.23
		500m	05.52.89	600m	07.08.06	700m	08.23.89	800m	09.40.48
		900m	10.56.35	1000m	12.12.05	1100m	13.27.26	1200m	14.43.23
		1300m	15.59.77	1400m	17.15.48				
2	PUP	56-0046	VELGHE GILLES	VZN	18.53.45	-06.55			
		100m	01.06.03	200m	02.18.81	300m	03.34.15	400m	04.50.49
		500m	06.05.92	600m	07.23.32	700m	08.40.52	800m	09.58.41
		900m	11.16.55	1000m	12.33.64	1100m	13.51.19	1200m	15.07.11
		1300m	16.25.60	1400m	17.41.43				
3	PUP	82-0901	RYNGAERT MARTIJN	WDK	20.54.72				
		100m	01.15.63	200m	02.37.77	300m	04.02.37	400m	05.28.11
		500m	06.53.37	600m	08.18.60	700m	09.43.14	800m	11.07.46
		900m	12.33.09	1000m	13.58.49	1100m	15.24.48	1200m	16.50.28
		1300m	18.12.51	1400m	19.35.89				
4	PUP	51-0901	GOETHALS LAURENS	VZSA	21.42.02				
		100m	01.16.65	200m	02.33.65	300m	04.07.04	400m	05.34.48
		500m	07.03.45	600m	08.33.00	700m	10.02.34	800m	11.31.87
		900m	13.01.41	1000m	14.30.48	1100m	15.59.38	1200m	17.28.77
		1300m	18.57.66	1400m	20.20.58				
5	PUP	51-0902	VANDEDRINCK ARNE	VZSA	23.28.03				
		100m	01.21.25	200m	02.51.13	300m	04.24.33	400m	06.00.33
		500m	07.34.02	600m	09.08.46	700m	10.43.56	800m	12.17.93
		900m	13.52.55	1000m	15.28.92	1100m	17.05.64	1200m	18.43.36
		1300m	20.20.21	1400m	21.54.96				
6	PUP	80-0908	REYBROUCK KRISTOF	BBV	24.23.38	+01.23.38			
		100m	01.22.73	200m	02.55.55	300m	04.31.19	400m	06.10.13
		500m	07.48.43	600m	09.27.62	700m	11.06.20	800m	12.45.27
		900m	14.24.52	1000m	16.03.88	1100m	17.43.74	1200m	19.24.27
		1300m	21.07.02	1400m	22.48.28				
1	SEN	27-0003	VAN HOUTTE JEREMY	SCR	18.18.82	+21.82			
		100m	01.05.77	200m	02.16.36	300m	03.28.13	400m	04.40.53
		500m	05.53.84	600m	07.08.65	700m	08.24.29	800m	09.40.62
		900m	10.56.59	1000m	12.12.28	1100m	13.27.17	1200m	14.43.47
		1300m	15.59.95	1400m	17.15.63				
2	SEN	64-0023	VETS PIETPER	ZVM	19.32.36	+22.36			
		100m	01.07.11	200m	02.20.49	300m	03.35.52	400m	04.51.37
		500m	06.08.38	600m	07.26.78	700m	08.46.66	800m	10.07.02
		900m	11.27.76	1000m	12.48.99	1100m	14.11.17	1200m	15.34.53
		1300m	16.55.76	1400m	18.15.34				
3	SEN	82-0911	VANHAUWAERT NILS	WDK	19.32.75				
		100m	01.09.13	200m	02.24.98	300m	03.43.68	400m	05.01.90
		500m	06.22.00	600m	07.41.52	700m	09.02.05	800m	10.22.80
		900m	11.43.59	1000m	13.04.07	1100m	14.24.55	1200m	15.45.89
		1300m	17.05.96	1400m	18.24.65				
4	SEN	64-0025	DE GROOF JEFF	ZVM	19.54.43	-24.37			
		100m	01.11.21	200m	02.31.28	300m	03.51.75	400m	05.15.40
		500m	06.38.73	600m	08.02.56	700m	09.24.68	800m	10.42.21
		900m	11.59.90	1000m	13.18.68	1100m	14.38.25	1200m	15.57.39
		1300m	17.17.15	1400m	18.36.93				

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)
 Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

5	SEN	82-0912	HOLVOET RINUS	WDK	20.01.25	
		100m	01.09.47	200m	01.16.59	300m 01.18.47 400m 01.19.25
		500m	01.19.75	600m	01.20.13	700m 01.20.90 800m 01.20.22
		900m	01.20.81	1000m	01.22.03	1100m 01.21.91 1200m 01.23.79
		1300m	01.25.65	1400m	01.23.97	
6	SEN	27-0221	MEURISSE ANTOINE	SCR	21.57.30	-01.00.70
		100m	01.16.65	200m	02.42.38	300m 04.09.10 400m 05.37.08
		500m	07.05.43	600m	08.34.08	700m 10.02.10 800m 11.30.55
		900m	12.58.93	1000m	14.28.00	1100m 15.57.66 1200m 17.27.84
		1300m	18.58.21	1400m	20.28.88	
7	SEN	80-0907	REYBROUCK BJORN	BBV	24.57.17	+03.32.17
		100m	01.21.72	200m	02.49.20	300m 04.21.52 400m 05.55.50
		500m	07.33.52	600m	09.12.01	700m 10.55.76 800m 12.40.10
		900m	14.25.50	1000m	16.11.62	1100m 17.59.07 1200m 19.44.17
		1300m	21.28.69	1400m	23.11.54	
1	V25	19-0026	DUMONT DAVID	DCN	23.20.45	+09.83
		100m	01.17.66	200m	02.44.85	300m 04.15.68 400m 05.50.65
		500m	07.26.25	600m	09.03.41	700m 10.38.80 800m 12.15.77
		900m	13.51.19	1000m	15.26.77	1100m 17.03.50 1200m 18.38.71
		1300m	20.14.27	1400m	21.00.97	
2	V25	82-0903	CARTON DRIES	WDK	23.23.39	
		100m	01.16.76	200m	02.47.02	300m 04.19.76 400m 05.53.36
		500m	07.28.51	600m	09.04.45	700m 10.40.45 800m 12.15.51
		900m	13.52.70	1000m	15.27.04	1100m 17.01.02 1200m 18.35.02
		1300m	20.12.82	1400m	21.51.29	
1	V35	2-0702	LECRY FRANS	COK	23.30.74	
		100m	01.25.20	200m	01.33.16	300m 01.35.44 400m 01.35.75
		500m	01.35.52	600m	01.34.03	700m 01.34.53 800m 01.35.42
		900m	01.35.11	1000m	01.34.11	1100m 01.34.68 1200m 01.35.35
		1300m	01.35.30	1400m	01.34.38	
1	V40	5-7778	HERMAN HUGUES	CMA	19.35.09	+27.84
		100m	01.10.07	200m	02.25.72	300m 03.43.10 400m 05.01.48
		500m	06.19.59	600m	07.38.84	700m 08.58.64 800m 10.19.48
		900m	11.40.55	1000m	13.00.49	1100m 14.20.33 1200m 15.40.59
		1300m	17.01.01	1400m	18.19.60	
2	V40	82-0902	VAN RAFELGHEM WOLF	WDK	24.48.00	
		100m	01.26.77	200m	03.02.56	300m 04.42.70 400m 06.23.89
		500m	08.05.61	600m	09.47.11	700m 11.28.71 800m 13.10.48
		900m	14.51.43	1000m	16.32.85	1100m 18.13.00 1200m 19.55.00
		1300m	21.34.00	1400m	23.14.00	
3	V40	80-0906	DECKMYN JEAN-PIERRE	BBV	25.40.95	+02.40.95
		100m	01.20.83	200m	01.42.00	300m 01.43.63 400m 01.14.19
		500m	01.44.39	600m	01.44.88	700m 01.45.59 800m 13.39.00
		900m	01.36.64	1000m	01.46.64	1100m 01.46.91 1200m 01.45.97
		1300m	01.45.82	1400m	01.43.29	
4	V40	82-0905	DE KEYZER BART	WDK	25.46.72	
		100m	01.30.09	200m	02.21.18	300m 04.05.96 400m 05.52.07
		500m	07.39.00	600m	09.27.79	700m 11.14.57 800m 13.03.18
		900m	14.52.54	1000m	16.40.79	1100m 18.29.10 1200m 20.19.42
		1300m	22.10.21	1400m	24.00.32	
5	V40	2-0606	JURION PASCAL	COK	26.45.60	
		100m	01.39.54	200m	03.26.41	300m 05.15.95 400m 07.06.75
		500m	08.58.16	600m	10.46.26	700m 12.35.31 800m 14.25.46
		900m	16.11.26	1000m	17.59.03	1100m 19.45.17 1200m 21.30.17
		1300m	23.18.20	1400m	25.04.94	

Course nx 1 : 1500m NAGE LIBRE MESSIEURS (suite)
 Koers nr 1 : 1500m VRIJE SLAG HEREN (vervolg)

1	V45 56-0904	VERHAEGHE FRANK	VZN	22.37.05	+37.05			
	100m	01.20.31	200m	02.48.31	300m	04.17.59	400m	05.47.06
	500m	07.17.20	600m	08.47.62	700m	10.17.48	800m	11.49.52
	900m	13.21.47	1000m	14.53.86	1100m	16.25.99	1200m	17.59.68
	1300m	19.31.35	1400m	21.06.50				
2	V45 51-0903	CAESTECKER WILFRIED	VZSA	25.54.01				
	100m	01.25.36	200m	03.05.25	300m	04.47.26	400m	06.30.94
	500m	08.16.57	600m	10.01.73	700m	11.47.68	800m	13.35.13
	900m	15.22.23	1000m	17.08.41	1100m	18.54.91	1200m	20.42.07
	1300m	22.27.45	1400m	24.13.24				
	PUP 65-0906	DE ROUS ROBIN	BZV	Abandon				

Course nx 2 : 800m NAGE LIBRE BENJAMINS
 Koers nr 2 : 800m VRIJE SLAG BENJAMINS JONGENS

1	BEN 82-0906	DE KEYZER JONAS	WDK	12.06.13				
	100m	01.20.13	200m	02.52.38	300m	04.24.72	400m	05.59.10
	500m	07.32.80	600m	09.06.18	700m	10.40.66	800m	12.06.13
2	BEN 56-0906	D'HEUNINCK ROBBE	VZN	12.51.98	-08.02			
	100m	01.27.68	200m	03.04.85	300m	04.44.46	400m	06.24.48
	500m	08.04.96	600m	09.44.55	700m	11.22.74	800m	12.51.98
3	BEN 82-0910	DEBREE DENNIS	WDK	12.54.19				
	100m	01.28.06	200m	03.04.35	300m	04.41.26	400m	06.20.10
	500m	08.00.11	600m	09.37.92	700m	11.15.88	800m	12.54.04
4	BEN 56-0905	MOEYAERT CHESNEY	VZN	13.41.42				
	100m	01.34.62	200m	01.45.04	300m	01.45.47	400m	01.42.19
	500m	01.43.18	600m	01.45.34	700m	01.48.04	800m	13.41.42
5	BEN 82-0909	GANSEMAN GIANNI	WDK	13.56.27				
	100m	01.30.93	200m	03.11.96	300m	04.57.62	400m	06.46.57
	500m	08.36.18	600m	10.25.63	700m	12.11.46	800m	13.56.27
6	BEN 5-0488	DEGAVRE BRANDON	CMA	14.00.02	-11.59.97			
	100m	01.35.93	200m	03.24.18	300m	05.12.65	400m	06.58.69
	500m	08.46.58	600m	10.33.83	700m	12.22.68	800m	14.00.02
7	BEN 52-0906	ENGELEN JAN	DELFF	14.01.29	+01.01.29			
	100m	01.31.78	200m	03.13.63	300m	05.00.95	400m	06.51.33
	500m	08.40.73	600m	10.29.74	700m	12.16.66	800m	14.01.29
8	BEN 64-0902	CHRISTIAENSSEN JOACHIM	ZVM	14.10.31	-01.42.69			
	100m	01.36.50	200m	03.22.64	300m	05.12.35	400m	07.04.27
	500m	08.54.85	600m	10.43.47	700m	12.30.03	800m	14.10.31
9	BEN 52-0901	CELIS LENNERT	DELFF	15.06.67	-08.33			
	100m	01.35.00	200m	03.22.20	300m	05.19.32	400m	07.12.10
	500m	09.05.13	600m	11.08.10	700m	13.05.86	800m	15.06.67
10	BEN 80-0905	REYBROUCK DYLAN	BBV	16.01.51				
	100m	01.42.33	200m	03.40.05	300m	05.34.30	400m	07.40.39
	500m	09.46.69	600m	11.53.85	700m	13.56.48	800m	16.01.51

Course nx 3 : 800m NAGE LIBRE DAMES
 Koers nr 3 : 800m VRIJE SLAG DAMES

1	BEN 62-7133	STROOM ANNE	ZIB	12.37.10	-01.12.90			
	100m	01.24.01	200m	02.58.13	300m	04.35.09	400m	06.12.59
	500m	07.51.10	600m	09.29.08	700m	11.06.95	800m	12.37.10
2	BEN 19-0134	HAZENDONCK WYNONA	DCN	13.17.43	-42.57			
	100m	01.29.28	200m	03.09.56	300m	04.51.87	400m	06.34.12
	500m	08.16.85	600m	09.59.64	700m	11.41.82	800m	13.17.43

Course nx 3 : 800m NAGE LIBRE DAMES (suite)
 Koers nr 3 : 800m VRIJE SLAG DAMES (vervolg)

3	BEN	5-0591	DEJONGHE CONSTANCE	CMA	13.24.00	+24.01			
		100m	01.29.15	200m	03.11.24	300m	04.56.44	400m	06.42.52
		500m	08.26.89	600m	10.09.84	700m	11.50.72	800m	13.24.00
4	BEN	5-0967	MELICE OCEANE	CMA	13.24.48	-05.51			
		100m	01.33.89	200m	01.43.17	300m	01.44.71	400m	01.44.37
		500m	01.43.89	600m	01.43.60	700m	01.39.56	800m	13.24.48
5	BEN	62-0030	LEMAHIEU ILSE	ZIB	13.45.61	-01.14.39			
		100m	01.33.76	200m	03.15.81	300m	04.58.34	400m	06.43.49
		500m	08.28.29	600m	10.15.22	700m	12.02.08	800m	13.45.61
6	BEN	82-0908	CLAERHOUT THALITIA	WDK	13.48.25				
		100m	01.29.96	200m	03.14.25	300m	04.58.00	400m	06.44.77
		500m	08.34.68	600m	10.22.77	700m	12.09.62	800m	13.48.25
7	BEN	19-0703	LAMPE ALICE	DCN	14.21.01	-02.14			
		100m	01.37.85	200m	03.24.60	300m	05.07.32	400m	06.57.83
		500m	08.51.32	600m	10.47.27	700m	12.37.07	800m	14.21.01
8	BEN	27-0045	POLLEZ CAITLIN	SCR	15.40.62	+02.05.62			
		100m	01.47.06	200m	03.48.87	300m	05.49.05	400m	07.50.08
		500m	09.48.50	600m	11.47.43	700m	13.49.21	800m	15.40.62
9	BEN	80-0904	HANSSSEN PHAEDRA	BBV	15.55.63				
		100m	01.46.49	200m	02.48.00	300m	02.06.00	400m	02.01.69
		500m	02.02.91	600m	02.00.69	700m	02.00.57	800m	15.55.63
1	MIN	62-0005	KEYSABYL PAULIEN	ZIB	10.40.44	-23.14			
		100m	01.14.93	200m	02.34.91	300m	03.56.61	400m	05.18.38
		500m	06.39.74	600m	08.02.22	700m	09.23.77	800m	10.40.44
2	MIN	5-0365	MELICE ELOISE	CMA	11.20.20	-14.71			
		100m	01.18.16	200m	02.42.64	300m	04.09.90	400m	05.36.89
		500m	07.04.02	600m	08.31.55	700m	09.58.08	800m	11.20.20
3	MIN	19-0133	HAZENDONCK WEVERLY	DCN	11.25.15	-01.03.50			
		100m	01.17.74	200m	02.43.41	300m	04.09.73	400m	05.37.83
		500m	07.06.63	600m	08.35.66	700m	10.04.84	800m	11.25.15
4	MIN	5-0102	COESSENS NORA	CMA	11.30.10	-01.08.15			
		100m	01.17.28	200m	02.42.31	300m	04.10.60	400m	05.38.53
		500m	07.07.76	600m	08.36.85	700m	10.05.22	800m	11.30.10
5	MIN	62-0902	VAN LANDSCHOOT LUTSKE	ZIB	12.01.32				
		100m	01.23.96	200m	02.54.79	300m	04.25.46	400m	05.57.37
		500m	07.29.50	600m	08.59.00	700m	10.30.52	800m	12.01.32
6	MIN	56-0909	HELLYN JADE	VZN	12.21.98	-01.08.02			
		100m	01.25.05	200m	02.58.68	300m	04.32.07	400m	06.08.11
		500m	07.43.63	600m	09.18.10	700m	10.52.62	800m	12.21.98
7	MIN	19-0132	HAZENDONCK WANAELE	DCN	12.43.81	-23.79			
		100m	01.27.22	200m	03.01.59	300m	04.39.82	400m	06.18.57
		500m	07.59.07	600m	09.37.84	700m	11.12.25	800m	12.43.81
8	MIN	5-0439	MEULENYSER FLORINE	CMA	12.55.52	+12.90			
		100m	01.28.09	200m	03.03.23	300m	04.40.37	400m	06.18.60
		500m	07.57.48	600m	09.37.85	700m	11.18.43	800m	12.55.52
9	MIN	56-0908	T'JAECKX JOANNA	VZN	13.15.74	-44.26			
		100m	01.25.42	200m	03.02.57	300m	04.43.62	400m	06.27.40
		500m	08.10.74	600m	09.55.83	700m	11.36.75	800m	13.15.74
10	MIN	27-0037	MATHIJS JULIE	SCR	13.51.63	-01.18.39			
		100m	01.35.91	200m	03.21.17	300m	05.04.69	400m	06.53.61
		500m	08.40.38	600m	10.25.73	700m	12.11.50	800m	13.51.63
11	MIN	19-0636	LECLERCQ EMILIE	DCN	13.52.07	-03.49			
		100m	01.30.94	200m	03.16.79	300m	05.04.17	400m	06.53.09
		500m	08.39.77	600m	10.28.59	700m	12.14.92	800m	13.52.07

Course nx 3 : 800m NAGE LIBRE DAMES (suite)
 Koers nr 3 : 800m VRIJE SLAG DAMES (vervolg)

12	MIN	27-0036	MATHIJS LISSA	SCR	13.54.42	-01.32.58			
		100m	01.33.84	200m	03.18.41	300m	05.05.24	400m	06.53.92
		500m	08.43.76	600m	10.29.74	700m	12.13.93	800m	13.54.42
13	MIN	56-0907	STURTEWAGEN YENTE	VZN	14.05.06	-24.94			
		100m	01.34.92	200m	01.46.21	300m	01.47.17	400m	01.50.65
		500m	01.47.58	600m	01.49.60	700m	01.47.29	800m	14.05.06
14	MIN	64-0903	DE MEULDER JITTE	ZVM	14.47.59	+57.54			
		100m	01.37.38	200m	03.31.20	300m	05.25.23	400m	07.19.42
		500m	09.15.39	600m	11.09.50	700m	13.01.84	800m	14.47.59
1	CAD	5-0585	VANDERELST EDWIGE	CMA	10.13.02	-15.28			
		100m	01.12.06	200m	02.28.41	300m	03.46.71	400m	05.04.11
		500m	06.22.15	600m	07.40.67	700m	08.57.77	800m	10.13.02
2	KAD	62-0004	VAN PARIJS FIEN	ZIB	10.57.32	-06.68			
		100m	01.14.02	200m	02.35.20	300m	03.57.86	400m	05.21.57
		500m	06.33.26	600m	01.24.83	700m	01.24.65	800m	10.57.32
3	KAD	64-0911	VAN DEN BERGH QUITTRY	ZVM	11.31.38	-31.69			
		100m	01.17.76	200m	02.42.71	300m	04.09.51	400m	05.37.51
		500m	07.06.41	600m	08.35.06	700m	10.04.29	800m	11.31.38
4	CAD	27-0034	VANDENBULCKE JENNIFER	SCR	11.51.75	-25.25			
		100m	01.18.43	200m	02.47.21	300m	04.18.01	400m	05.50.24
		500m	07.23.32	600m	08.55.98	700m	10.26.68	800m	11.51.75
5	CAD	50-0174	VANBOSSELE ROXANE	FTFN	12.00.16	-27.78			
		100m	01.19.57	200m	02.48.13	300m	04.19.20	400m	05.51.80
		500m	07.24.26	600m	08.57.60	700m	10.30.70	800m	12.00.16
6	KAD	62-0026	VAN LANDSCHOOT NIENKE	ZIB	12.22.86	+31.97			
		100m	01.18.81	200m	02.48.44	300m	04.22.91	400m	05.59.25
		500m	07.35.96	600m	09.12.94	700m	10.50.59	800m	12.22.86
7	KAD	65-0901	JANSSENS ANKE	BZV	12.55.87	+10.67			
		100m	01.25.75	200m	03.02.82	300m	04.44.15	400m	06.25.30
		500m	08.04.64	600m	09.44.01	700m	11.25.91	800m	12.55.87
8	KAD	80-0903	HANSSEN DAISY	BBV	13.42.32				
		100m	01.35.82	200m	03.21.70	300m	05.07.62	400m	06.53.50
		500m	08.41.62	600m	10.28.28	700m	12.11.38	800m	13.42.32
9	CAD	19-0298	BREDA CLEMENTINE	DCN	14.14.06	+31.15			
		100m	01.34.16	200m	03.20.16	300m	05.10.93	400m	06.57.17
		500m	08.49.49	600m	10.43.09	700m	12.33.70	800m	14.14.06
1	PUP	62-0009	STEELENDT ELLEN	ZIB	11.11.11	-10.23			
		100m	01.14.48	200m	02.37.71	300m	04.02.17	400m	05.28.47
		500m	06.55.65	600m	08.22.97	700m	09.50.00	800m	11.11.11
2	PUP	82-0913	VANHAUWAERT JASMIEN	WDK	11.16.68				
		100m	01.15.03	200m	02.39.04	300m	04.06.04	400m	05.32.89
		500m	07.00.88	600m	08.27.54	700m	09.54.66	800m	11.16.68
3	PUP	64-0021	DEREERE ELIEN	ZVM	11.19.83	-40.17			
		100m	01.18.05	200m	02.43.27	300m	04.09.63	400m	05.36.29
		500m	07.02.96	600m	08.30.80	700m	09.56.58	800m	11.19.83
4	PUP	27-0039	BUSE JENNIFER	SCR	11.21.36	-42.64			
		100m	01.20.89	200m	02.47.48	300m	04.14.20	400m	05.41.49
		500m	07.05.77	600m	08.33.13	700m	09.58.98	800m	11.21.36
5	PUP	62-0028	VAN LANDSCHOOT JITSKE	ZIB	11.47.73				
		100m	01.17.13	200m	02.43.57	300m	04.13.02	400m	05.43.39
		500m	07.14.76	600m	08.46.10	700m	10.17.70	800m	11.47.73
6	PUP	65-0902	HAESEBROECK JOELLE	BZV	12.02.21	+15.05			
		100m	01.19.21	200m	01.29.00	300m	01.30.44	400m	01.32.83
		500m	01.33.65	600m	01.33.65	700m	01.40.00	800m	12.02.21

Course nx 3 : 800m NAGE LIBRE DAMES (suite)
 Koers nr 3 : 800m VRIJE SLAG DAMES (vervolg)

7	PUP 19-0297	BREDA JUSTINE	DCN	12.38.65	+34.75			
	100m	01.26.40	200m	03.01.90	300m	04.39.20	400m	06.15.52
	500m	07.52.11	600m	09.29.05	700m	11.05.46	800m	12.38.65
1	SEN 52-0002	LEYSSEN DEBBY	DELFF	11.27.10	-03.89			
	100m	01.17.75	200m	02.42.95	300m	04.09.90	400m	05.37.66
	500m	07.05.69	600m	08.35.02	700m	10.03.78	800m	11.27.10
2	SEN 19-0027	DUMONT AMELIE	DCN	11.59.36	-19.61			
	100m	01.20.58	200m	02.48.63	300m	04.18.19	400m	05.49.81
	500m	07.22.45	600m	08.56.24	700m	10.29.86	800m	11.59.36
3	SEN 82-0904	VERBRUGGHE EVELIEN	WDK	12.55.61				
	100m	01.25.66	200m	03.02.29	300m	04.39.79	400m	06.19.01
	500m	07.58.18	600m	09.39.25	700m	11.20.79	800m	12.55.61
1	V25 80-0902	DEVRIENDT MAYA	BBV	12.59.03	+01.53.03			
	100m	01.12.53	200m	02.40.56	300m	04.20.51	400m	06.03.58
	500m	07.48.37	600m	09.32.76	700m	11.17.17	800m	12.59.03
	MIN 5-0101	COESSENS AUDREY	CMA	Abandon				
	KAD 56-0910	RUBBRECHT NELE	VZN	Forfait				
	KAD 64-0909	MERTENS JOLANDA	ZVM	Disq. ST3				

Course nx 4 : 400m NAGE LIBRE DAUPHINES
Koers nr 4 : 400m VRIJE SLAG DOLFIJNEN MEISJES

1	DOL 64-0906	DUBRUEL NAOMI	ZVM	6.15.10	-43.62
	100m 01.24.78	200m 03.07.52	300m 04.42.57	400m 06.15.10	
2	DAU 5-0966	HERMAN LOUISE	CMA	6.36.77	-22.73
	100m 01.31.64	200m 03.14.78	300m 04.58.70	400m 06.36.77	
3	DOL 52-0905	VAN MEENSEL LIEN	DELFF	7.07.84	-01.32.16
	100m 01.39.84	200m 03.32.16	300m 05.24.09	400m 07.07.84	
4	DOL 64-0901	CHRISTIAENSSSEN BERGJE	ZVM	7.43.06	-21.48
	100m 01.47.58	200m 03.47.51	300m 05.45.37	400m 07.43.06	
5	TET 27-0061	POLLEZ AMBER	SCR	8.11.64	-01.10.36
	100m 01.54.70	200m 03.59.95	300m 06.06.17	400m 08.11.64	
6	DOL 52-0903	ENGELEN FIEN	DELFF	9.03.99	-56.01
	100m 01.55.96	200m 04.20.90	300m 06.45.80	400m 09.03.99	
7	DAU 27-0119	VANDENBULCKE JUSTINE	SCR	9.46.34	-23.66
	100m 02.09.06	200m 04.43.20	300m 07.17.06	400m 09.46.34	

Course nx 5 : 400m NAGE LIBRE DAUPHINS
Koers nr 5 : 400m VRIJE SLAG DOLFIJNEN JONGENS

1	DOL 80-0901	HANSSSEN GILLIAN	BBV	6.49.77	
	100m 01.42.21	200m 03.28.99	300m 05.11.23	400m 06.49.77	
2	DOL 56-0912	HELLYN ROBBE	VZN	6.50.42	-02.34.58
	100m 01.38.77	200m 03.26.36	300m 05.10.83	400m 06.50.42	
3	DAU 27-0019	VANRIJCKEGHEM MICHAEL	SCR	7.02.34	+19.76
	100m 01.40.84	200m 03.30.41	300m 05.17.87	400m 07.02.34	
4	DAU 5-0700	LOUCHEUR JAROD	CMA	7.20.40	-09.59
	100m 01.45.18	200m 03.39.88	300m 05.36.26	400m 07.20.40	
5	DOL 56-0911	D'HULSTER TOM	VZN	8.19.13	-01.25.87
	100m 01.57.28	200m 04.03.00	300m 06.08.76	400m 08.19.13	
6	DOL 52-0902	CELIS STEFFEN	DELFF	9.25.31	+25.31
	100m 02.12.26	200m 02.25.30	300m 02.25.19	400m 09.25.31	

Course nx 6 : 200m NAGE LIBRE TETARDS FILLES
Koers nr 6 : 200m VRIJE SLAG EENDJES MEISJES

1	TET 5-0155	HERMAN EMILIE	CMA	3.32.65	-47.34
	50m 00.47.05	100m 01.42.90	150m 02.39.14		
2	TET 5-0149	DEJONGHE CELESTE	CMA	3.50.02	-39.97
	50m 00.49.07	100m 01.50.01	150m 02.51.71		
3	TET 27-0075	GIOT NOEMIE	SCR	4.23.04	-01.06.96
	50m 01.00.81	100m 02.08.81	150m 03.18.75		

Course nx 7 : 200m NAGE LIBRE TETARDS GARCONS
Koers nr 7 : 200m VRIJE SLAG EENDJES JONGENS

1	EEN 56-0913	MOEYAERT ROCHNEY	VZN	3.48.82	-01.18
	50m 00.47.58	100m 01.49.11	150m 02.51.07		

Course nx 8 : RELAIS 4*200m NAGE LIBRE MESSIEURS

Koers nr 8 : AFLOSSING 4*200m VRIJE SLAG HEREN

1	ZWEMCLUB VRIJ MERKSEM	ZVM	8.51.56	+03.54
	200m 02.13.94	400m 02.15.64	600m 02.10.81	800m 02.11.17
2	EQUIPE RELAIS SCR	SCR	8.53.97	-09.03
	200m 02.20.73	400m 02.07.22	600m 02.19.71	800m 02.06.31
3	RELAIS CMA EQUIPE 1	CMA	9.32.21	-01.00.36
	200m 02.27.83	400m 02.29.70	600m 02.24.28	800m 02.10.40
4	VZ NIEUWP. PLOEG 1	VZN	9.34.10	-05.90
	200m 02.17.80	400m 04.47.10	600m 07.21.54	800m 09.34.10
5	WEVELGEMSE DOLFIJN KLUB	WDK	9.40.34	
	200m 02.18.89	400m 02.26.24	600m 02.38.02	800m 09.40.34
6	BREDENSE BRUINVISSEN	BBV	10.05.75	
	200m 02.35.08	400m 02.39.17	600m 02.24.44	800m 02.24.44

Course nx 9 : RELAIS 4*200m NAGE LIBRE DAMES

Koers nr 9 : AFLOSSING 4*200m VRIJE SLAG DAMES

1	RELAIS ZIB PLOEG 1	ZIB	10.09.21	-01.46
	200m 02.28.31	400m 02.38.17	600m 02.33.82	800m 02.28.91
2	RELAIS CMA EQUIPE 1	CMA	10.22.05	-22.54
	200m 02.42.55	400m 02.41.37	600m 02.34.51	800m 02.23.00
3	ZWEMCLUB VRIJ MERKSEM	ZVM	11.00.80	+05.51
	200m 02.37.12	400m 03.00.80	600m 02.47.69	800m 11.00.80
4	EQUIPE RELAIS SCR	SCR	11.26.60	+13.60
	200m 03.01.71	400m 06.09.94	600m 08.50.05	800m 11.26.60
5	RELAIS ZIB PLOEG 2	ZIB	11.57.59	+02.49
	200m 02.47.52	400m 03.18.88	600m 02.58.75	800m 02.52.44

FROS - SPORCREA - FTFN LONGUES DISTANCES- LANGE AFSTAND
RÉSULTATS DES RELAIS - UITSLAG AFLOSSINGEN

8.- 4*200m NAGE LIBRE - VRIJE SLAG MESSEURS - HEREN

1	PLOEG ZWEMCLUB VRIJ MERKSEM Z.V.M.				<u>08,51,56</u>
	RIBBENS Alex	DE GREEF Jeff	JANSSENS Joeri	VETS Pieter	
	02,13,94	02,15,64	02,10,81	02,11,17	
2	EQUIPE SWIMMING CLUB RENAIX S.C.R.				<u>08,53,97</u>
	MICHAUX Vincent	TERRYN Julien	MEURISSE Antoine	VAN HOUTTE Jeremy	
	02,20,73	02,07,22	02,19,71	02,06,31	
3	EQUIPE CLUB MARSOUINS ATH C.M.A.				<u>09,32,21</u>
	COESSENS Lionel	BELSACK Thomas	VERLEYEN Dimitri	HERMAN Hugues	
	02,27,83	02,29,70	02,24,28	02,10,40	
4	PLOEG VRIJE ZWEMMERS NIEUWPOORT V.Z.N.				<u>09,34,10</u>
	DEMEULENAERE Nick	DECLERCK Tom	VERHAEGHE Frank	VELGHE Gilles	
	02,17,80	04,47,10	07,21,54	09,34,10	
5	PLOEG WEVELGEMSE DOLFIJNEN KLUB W.D.K.				<u>09,40,34</u>
	GEVAERT Yves	VANHAUWAERT Nils	REMMERY Thierry	HOLVOET Rinus	
	02,18,29	02,26,24	02,38,02	09,40,34	
6	PLOEG BREDENSE BRUINVISSEN B.B.V.				<u>10,05,75</u>
	REYBROUCK Bjorn	REYBROUCK Kristof	LAGAE Wesley	VANWULPEN Maxlm	
	02,35,08	02,39,17	02,24,44	02,24,44	

9.- 4*200m NAGE LIBRE - VRIJE SLAG DAMES

1	PLOEG 1 ZWEMCLUB INTERBAD BRUGGE Z.I.B.				<u>10,09,21</u>
	KEYSABIEL Paulien	VANLANDSCHOOT Jitske	STEELENDT Ellen	VAN PARIJS Fien	
	02,28,31	02,38,17	02,33,82	02,28,91	
2	EQUIPE CLUB MAROUINS ATH C.M.A.				<u>10,22,05</u>
	COESSENS Nora	COESSENS Audrey	MELICE Etolse	VANDERELST Edwige	
	02,42,55	02,41,37	02,34,51	02,23,00	
3	PLOEG ZWEMCLUB VRIJ MERKSEM Z.V.M.				<u>11,00,80</u>
	DEREERE Ellen	DUBRUEL Naomi	MERTENS Yolande	VAN DEN BERGH Quiltry	
	02,37,12	03,00,80	02,47,69	11,00,80	
4	EQUIPE SWIMMING CLUB RENAIX S.C.R.				<u>11,26,60</u>
	MATHIJS Julie	MATHIJS Lissa	VANDENBULCKE Jennifer	BUSE Jennifer	
	03,01,71	06,09,94	08,50,05	11,26,60	
5	PLOEG 2 ZWEMCLUB INTERBAD BRUGGE Z.I.B.				<u>11,57,59</u>
	VANLANDSCHOOT Lutske	LEMAHIEU Hse	STROOM Anne	VANLANDSCHOOT Nienke	
	02,47,52	03,18,88	02,58,75	02,52,44	